

# HERBAN FRESH

ITEM  
7145HF24

## Butternut Squash Soup

*A velvety, flavorful blend of butternut squash and carrots with coconut cream, brown sugar and spices.*



Vegan

*Soups, Chowders, Chilis*

**UPC:**

880632005815

**Case GTIN:**

10880632005812

**Case:**

6 x 23.5 oz | Net Weight: 8.8 lbs | Gross Weight: 10.5 lbs  
Case Dimensions: 14" x 5" x 9.5" | Case Cube: .38

**Pallet:**

13 per tier / 10 tiers high | 130 cases per pallet  
Pallet weight (gross): 1365 lbs

**INGREDIENTS:**

BUTTERNUT SQUASH, WATER, CARROTS, SHALLOTS, BROWN SUGAR, CAULIFLOWER, COCONUT MILK (coconut, water), CANOLA OIL, SEA SALT, ORANGE JUICE CONCENTRATE, GINGER, SPICES, ONION POWDER, MALTODEXTRIN, DEXTROSE, NISIN, YEAST EXTRACT (yeast extract, salt), CARROT POWDER (carrot, rice hull).



**Cooking Instructions:**

Microwave: Remove plastic seal, heat between 3-5 minutes, or until hot, stirring once during heating. Stove top: Empty soup into sauce pan, heat gently to 165°F.



**Handling:**

Keep refrigerated.



**Shelf Life:**

70 days from date of manufacture.

### Nutrition Facts

about 3 servings per container  
Serving size 1 cup (245g)

	Per serving	% DV*	Per container	% DV*
<b>Calories</b>	<b>130</b>		<b>340</b>	
<b>Total Fat</b>	3.5g	4%	9g	12%
Saturated Fat	1g	5%	2.5g	13%
Trans Fat	0g		0g	
<b>Cholesterol</b>	0mg	0%	0mg	0%
<b>Sodium</b>	200mg	9%	550mg	24%
<b>Total Carb.</b>	23g	8%	63g	23%
Dietary Fiber	4g	14%	10g	36%
Total Sugars	11g		29g	
Incl. Added Sugars	8g	16%	22g	44%
<b>Protein</b>	2g		5g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	63mg	4%	171mg	15%
Iron	1mg	4%	2mg	10%
Potassium	687mg	15%	1866mg	40%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**EACH PURCHASE OF HERBAN FRESH DIRECTLY SUPPORTS URBAN FARMING INITIATIVES**

Visit [HerbanFreshFoods.com](http://HerbanFreshFoods.com) for more info.



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