



ITEM
2107

Lentil Soup

A delightful, Indian-inspired vegetarian soup featuring lentils, butternut squash, onions, turnips, bell peppers, and tomatoes with a perfect blend of spices.



Vegan & Gluten-Free

Soups, Chowders, Chilis

UPC:

880632021075

Case:

2 x 8 lb pouches | Net Weight: 16 lb | Gross Weight: 17.25 lb
Case Dimensions: 14.50" x 8.25" x 5.50" | Case Cube: .38

Pallet:

15 per tier/8 tiers high | 120 cases per pallet
Pallet weight (gross): 2131 lbs

INGREDIENTS:

VEGETABLE STOCK (water, sea salt, onion powder, maltodextrin, dextrose, yeast extract [yeast extract, salt], carrot powder, celery seed, white pepper, turmeric), LENTILS, ONION, BUTTERNUT SQUASH, TURNIP, GREEN BELL PEPPER, TOMATO PASTE (tomatoes, citric acid), SEA SALT, OLIVE OIL, GARLIC, CORNSTARCH, CURRY POWDER (coriander, chilies, black pepper, cumin, mustard, fenugreek, garlic, turmeric, salt, bengal gram farina), SPICES, CHILI POWDER, SUGAR.



Cooking Instructions:

Heat soup until it reaches a uniform 165°F. Hold product at 145°F or above.



Handling:

Keep frozen. Thaw under refrigeration.



Shelf Life:

18 months from manufacture date, frozen. Once thawed use within 21 days.

Nutrition Facts

Serving size	1 cup (245g)
Amount per serving	
Calories	160
% Daily Value *	
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 340mg	15%
Total Carbohydrate 12g	4%
Dietary Fiber 5g	19%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 10g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 3.5mg	20%
Potassium 400mg	8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



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