



Vegetarian

Soups, Chowders, Chilis

Mutuitian East

UPC:

730516920287

## **INGREDIENTS:**

WATER, GREAT NORTHERN BEANS (beans, water, salt, calcium chloride), TOMATOES (tomatoes, tomato juice, less than 2% of salt, calcium chloride, citric acid), KIDNEY BEANS, ONIONS, CARROTS, CELERY, GREEN BEANS, ENRICHED PASTA (semolina [wheat], egg whites, niacin, iron [ferrous sulfate], thiamine mononitrate, riboflavin, folic acid), TOMATO PASTE (tomato paste, citric acid), CABBAGE, PARMESAN CHEESE (pasteurized cow's milk, cheese culture, salt, and enzymes), SEA SALT, CANOLA OIL, GARLIC, MODIFIED FOODSTARCH, ONION POWDER, MALTODEXTRIN, DEXTROSE, EXTRA VIRGIN OLIVE OIL, SPICES, CARROT POWDER (carrot, rice hull), YEAST EXTRACT (yeast extract, salt).

## **CONTAINS:**

Egg, Milk, and Wheat.



# **Cooking Instructions:**

Heat soup until it reaches a uniform 165°F. Hold product at 145°F or above.



### Handling:

Keep frozen. Thaw under refrigeration.



# **Shelf Life:**

18 months from manufacture date, frozen. Once thawed use within 21 days.

Nutrition Fa	ICTS
Serving size 1 c	up (245g)
Amount Per Serving Calories	110
%	Daily Value*
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 540mg	23%
Total Carbohydrate 18g	7%
Dietary Fiber 4g	14%
Total Sugars 3g	
Includes <1g Added Sugar	s 1%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 70mg	6%
Iron 1mg	6%
Potassium 540mg	10%
	77. 77.

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.