



ITEM
2011

Fish Chowder Base

Our local customers stop in weekly for our hearty Fish Chowda, a classic East Coast comfort food. Just add cooked fish to this base to create your own delicious fish chowder.

Soups, Chowders, Chilis

UPC:

730516920119

Case:

2 x 8 lb pouches | Net Weight: 16 lb | Gross Weight: 16.9 lb
Case Dimensions: 14.5" x 8.25" x 5.5" | Case Cube: .381

Pallet:

15 per tier/ 8 tiers high | 98 cases per pallet
Pallet weight (gross): 2028 lbs

INGREDIENTS:

HALF & HALF (milk, cream), FISH STOCK (water, cooked whitefish [codfish], salt, butter [pasteurized cream, salt], rice flour, onion powder, natural flavoring), POTATOES, CELERY, ONIONS, CANOLA OIL, WHITE WINE (wine, salt), CORN STARCH, WHEAT STARCH, SEA SALT, GRANULATED GARLIC, WHITE PEPPER.

CONTAINS:

FISH (Cod), MILK, and WHEAT. Contains wine which has naturally occurring sulfites.

Nutrition Facts

Serving size	(100g)
Amount per serving	
Calories	90
	% Daily Value*
Total Fat 7g	9%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 330mg	14%
Total Carbohydrate 4g	1%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 59mg	4%
Iron 0mg	0%
Potassium 135mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	



Cooking Instructions:

Boil directly in bag. When the product reaches a uniform 165°F, mix in one pound of cooked fish and hold at 145°F or above. Haddock is a popular choice for this recipe.



Handling:

Keep frozen. Thaw under refrigeration.



Shelf Life:

18 months from manufacture date, frozen. Once thawed, product may be kept refrigerated for up to 21 days.