

HERBAN
FRESH

ITEM
7305HF24

Red Lentil Chili with Farro

This hearty and satisfying vegan chili features red lentils, farro and pinto beans plus a slightly spicy kick from jalapeño peppers.



★ Vegan

Soups, Chowders, Chilis

UPC:

880632009684

Case GTIN:

10880632009681

Case:

6 x 23.5 oz | Net Weight: 8.8 lbs | Gross Weight: 10.5 lbs

Case Dimensions: 14" x 5" x 9.5" | Case Cube: .38

(Also available as 4 x 4 lb refrigerated bulk food service pouches)

Pallet:

13 per tier/ 10 tiers high | 130 cases per pallet

Pallet weight (gross): 1365 lbs

INGREDIENTS:

WATER, TOMATOES (tomatoes, tomato puree, less than 2%: salt, citric acid), PINTO BEANS (pinto beans, water, salt, calcium chloride), RED LENTILS, ONIONS, GREEN BELL PEPPERS, CORN, FARRO, SPICES, BROWN SUGAR, TOMATO PASTE (tomatoes, citric acid), CANOLA OIL, CILANTRO, RED JALAPEÑO PEPPERS, ANCHO CHILI PEPPER, RED WINE VINEGAR (red wine vinegar, grape skin extract), CORNSTARCH, SEA SALT, GARLIC, LIME JUICE CONCENTRATE, NISIN.

CONTAINS:

Wheat. Contains wine, which has naturally occurring sulfites.



Cooking Instructions:

Microwave: Remove plastic seal, heat between 3-5 minutes, or until hot, stirring once during heating. Stove top: Empty soup into sauce pan, heat gently to 165°F.



Handling:

Keep refrigerated.



Shelf Life:

70 days from date of manufacture.

Nutrition Facts

about 3 servings per container

Serving size 1 cup (245g)

	Per serving	Per container
Calories	180	490
	% Daily Value*	% Daily Value*
Total Fat	2g 3%	6g 8%
Saturated Fat	0g 0%	0.5g 3%
Trans Fat	0g	0g
Cholesterol	0mg 0%	0mg 0%
Sodium	260mg 11%	710mg 31%
Total Carbohydrate	32g 12%	86g 31%
Dietary Fiber	4g 14%	10g 36%
Total Sugars	5g	14g
Incl. Added Sugars	2g 4%	5g 10%
Protein	9g	25g
Vitamin D	0mcg 0%	0mcg 0%
Calcium	44mg 4%	119mg 10%
Iron	4mg 20%	10mg 60%
Potassium	469mg 10%	1275mg 25%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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SUPPORTS URBAN FARMING INITIATIVES**

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