

HERBAN FRESH
PROD. FROM WHOLE FOODS & SEASONAL

ITEM
7305HF24



Red Lentil Chili with Farro

This hearty and satisfying vegan chili features red lentils, farro and pinto beans plus a slightly spicy kick from jalapeño peppers.

Vegan

Soups, Chowders, Chilis

UPC:

880632009684

Case GTIN:

10880632009681

Case:

6 x 23.5 oz | Net Weight: 8.8 lbs | Gross Weight: 10 lbs
 Case Dimensions: 14.5" x 9.75" x 5.25" | Case Cube: .43

(Also available as 4 x 4 lb refrigerated bulk food service pouches)

Pallet:

13 per tier/ 10 tiers high | 130 cases per pallet
 Pallet weight (gross): 1350 lbs

INGREDIENTS:

WATER, TOMATO (tomatoes, tomato puree, salt, citric acid), PINTO BEANS (pinto beans, water, salt, calcium chloride), RED LENTILS, FARRO (farro, water, salt), ONION, GREEN BELL PEPPER, CORN, BROWN SUGAR, TOMATO PASTE (tomatoes, citric acid), SPICE, CANOLA OIL, CILANTRO, CORNSTARCH, RED JALAPEÑO PEPPER, RED WINEVINEGAR, CHILI POWDER, ANCHO CHILI POWDER, PARSLEY, SEA SALT, GARLIC, LIME JUICE CONCENTRATE, NISIN.

CONTAINS:

Wheat and Naturally Occurring Sulfites.



Cooking Instructions:

Microwave: Remove plastic seal, heat between 3-5 minutes, or until hot, stirring once during heating. Stove top: Empty soup into sauce pan, heat gently to 165°F.



Handling:

Keep refrigerated.



Shelf Life:

60 days from date of manufacture.

Nutrition Facts

about 3 servings per container

Serving size 1 cup (245g)

	Per serving	% DV*	Per container	% DV*
Calories	190		500	
Total Fat	3g	4%	8g	10%
Saturated Fat	0g	0%	1g	4%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	280mg	12%	750mg	33%
Total Carbohydrate	32g	12%	88g	32%
Dietary Fiber	7g	24%	18g	66%
Total Sugars	5g		14g	
Incl. Added Sugars	2g	4%	6g	11%
Protein	9g		24g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	70mg	6%	200mg	15%
Iron	3.9mg	20%	10.5mg	60%
Potassium	650mg	15%	1770mg	40%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

EACH PURCHASE OF HERBAN FRESH DIRECTLY SUPPORTS URBAN FARMING INITIATIVES

Visit HerbanFreshFoods.com for more info.