

**HERBAN FRESH**  
FROM THE CITY  
WITH LOVE

**ITEM  
7166HF24**

# Yellow Split Pea Soup

*This smooth, vegan medley of peas, onions and carrots makes for a satisfying soup. The yellow peas offer a fresh color and sweeter flavor.*



★ **Vegan & Gluten-Free**

*Soups, Chowders, Chilis*

**UPC:**

880632006416

**Case GTIN:**

10880632006413

**Case:**

6 x 23.5 oz | Net Weight: 8.8 lbs | Gross Weight: 10 lbs  
Case Dimensions: 14.5" x 9.75" x 5.25" | Case Cube: .43

**Pallet:**

13 per tier/ 10 tiers high | 130 cases per pallet  
Pallet weight (gross): 1350 lbs

**INGREDIENTS:**

VEGETABLE STOCK (water, sea salt, onion, maltodextrin\*, dextrose\*, yeast extract [yeast extract, salt], carrot, celery seed, white pepper, turmeric), YELLOW SPLIT PEAS, COCONUT CREAM (coconut milk, water, xanthan gum), CARROT, ONION, SEA SALT, YEAST EXTRACT (yeast extract, salt), TURMERIC, THYME, SPICES, NISIN.

\*non-GMO

**CONTAINS:**

Tree Nut (Coconut)



**Cooking Instructions:**

Microwave: Remove plastic seal, heat between 3-5 minutes, or until hot, stirring once during heating. Stove top: Empty soup into sauce pan, heat gently to 165°F.



**Handling:**

Keep refrigerated.



**Shelf Life:**

60 days from date of manufacturer.

## Nutrition Facts

about 3 servings per container

**Serving size**

**1 cup (245g)**

	Per serving	Per container
<b>Calories</b>	<b>210</b>	<b>570</b>
	<b>% DV*</b>	<b>% DV*</b>
<b>Total Fat</b>	5g <b>7%</b>	14g <b>18%</b>
Saturated Fat	4g <b>20%</b>	11g <b>55%</b>
Trans Fat	0g	0g
<b>Cholesterol</b>	0mg <b>0%</b>	0mg <b>0%</b>
<b>Sodium</b>	310mg <b>14%</b>	840mg <b>37%</b>
<b>Total Carbohydrate</b>	31g <b>11%</b>	84g <b>30%</b>
Dietary Fiber	12g <b>43%</b>	33g <b>117%</b>
Total Sugars	5g	14g
Incl. Added Sugars	0g <b>0%</b>	0g <b>0%</b>
<b>Protein</b>	12g	31g
Vitamin D	0mcg <b>0%</b>	0mcg <b>0%</b>
Calcium	40mg <b>4%</b>	110mg <b>8%</b>
Iron	2.3mg <b>15%</b>	6.4mg <b>35%</b>
Potassium	680mg <b>15%</b>	1860mg <b>40%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**EACH PURCHASE OF HERBAN FRESH DIRECTLY SUPPORTS URBAN FARMING INITIATIVES**

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