

HERBAN  
FRESH

ITEM  
7143HF24

# Broccoli Cheddar Soup

*This hearty broccoli soup is made using tender broccoli, aged yellow cheddar cheese and a few spices. Makes the perfect comfort food.*



☆ Vegetarian

Soups, Chowders, Chilis

**UPC:**

880632005792

**Case GTIN:**

10880632005799

**Case:**

6 x 23.5 oz | Net Weight: 8.8 lbs | Gross Weight: 10.5 lbs  
Case Dimensions: 14" x 5" x 9.5" | Case Cube: .38

(Also available as 2 x 8 lb refrigerated bulk food service pouches)

**Pallet:**

13 per tier/ 10 tiers high | 130 cases per pallet  
Pallet weight (gross): 1365 lbs

**INGREDIENTS:**

VEGETABLE STOCK (water, sea salt, onion powder, maltodextrin\*, dextrose\*, yeast extract [yeast extract, salt], carrot powder, celery seed, white pepper, turmeric), HALF & HALF (milk, cream), BROCCOLI, EXTRA SHARP YELLOW CHEDDAR CHEESE (pasteurized milk, cheese cultures, salt, enzymes, annatto), ONION, CORNSTARCH\*, CARROT, FLOUR (unbleached wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), CAYENNE PEPPER SAUCE (aged cayenne red peppers, vinegar, water, salt, garlic powder), SEA SALT, NATURAL CHEDDAR CHEESE FLAVOR\*, NATURAL BUTTER FLAVOR\*, SPICES, SODIUM CITRATE, GRANULATED GARLIC, NISIN.

**CONTAINS:**

Milk and Wheat.



**Cooking Instructions:**

Microwave: Remove plastic seal, heat between 3-5 minutes, or until hot, stirring once during heating. Stove top: Empty soup into sauce pan, heat gently to 165°F.



**Handling:**

Keep refrigerated.



**Shelf Life:**

60 days from date of manufacturer.

## Nutrition Facts

about 3 servings per container  
Serving size

1 cup (245g)

	Per serving	Per container
Calories	240	640
	% DV*	% DV*
Total Fat	14g 18%	39g 50%
Saturated Fat	9g 47%	26g 128%
Trans Fat	0g	0g
Cholesterol	55mg 19%	155mg 51%
Sodium	780mg 34%	2130mg 93%
Total Carbohydrate	14g 5%	38g 14%
Dietary Fiber	2g 6%	4g 15%
Total Sugars	4g	10g
Incl. Added Sugars	0g 0%	0g 0%
Protein	10g	28g
Vitamin D	0mcg 0%	0mcg 0%
Calcium	280mg 20%	770mg 60%
Iron	0.5mg 2%	1.4mg 8%
Potassium	250mg 6%	690mg 15%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**EACH PURCHASE OF HERBAN FRESH DIRECTLY  
SUPPORTS URBAN FARMING INITIATIVES**

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