

**HERBAN FRESH**  
FROM THE CITY

ITEM  
7163HF24

# Tomato Cauliflower Soup

*A combination of rich tomato flavor with added tender cauliflower and a hint of spice.*



Vegan & Gluten-Free

Soups, Chowders, Chilis

**UPC:**

880632006386

**Case GTIN:**

10880632006383

**Case:**

6 x 23.5 oz | Net Wt: 8.8 lbs | Gross Wt: 10.5 lbs  
Case Dimensions: 14" x 5" x 9.5" | Case Cube: .38

(Also available as 2 x 8 lb refrigerated bulk food service pouches)

**Pallet:**

13 per tier/ 7 tiers high | 91 cases per pallet  
Pallet weight (gross): 955.5 lbs

**INGREDIENTS:**

TOMATO (tomatoes, salt, citric acid), CAULIFLOWER, VEGETABLE STOCK (water, sea salt, onion powder, maltodextrin\*, dextrose\*, yeast extract [yeast extract, salt], carrot powder, celery seed, white pepper, turmeric), BROWN SUGAR\*, ONION, OLIVE OIL, CORNSTARCH\*, GARLIC, SEA SALT, BASIL, TOMATO CONCENTRATE (tomato concentrate, maltodextrin\*), SPICES, CRUSHED RED PEPPER, NISIN.

\*non-GMO



**Cooking Instructions:**

Microwave: Remove plastic seal, heat between 3-5 minutes, or until hot, stirring once during heating. Stove top: Empty soup into sauce pan, heat gently to 165°F.



**Handling:**

Keep refrigerated.



**Shelf Life:**

60 days from date of manufacturer.

## Nutrition Facts

about 3 servings per container

Serving size **1 cup (245g)**

	Per serving		Per container	
	<b>90</b>		<b>250</b>	
	% DV*		% DV*	
<b>Calories</b>				
<b>Total Fat</b>	2g	2%	5g	6%
Saturated Fat	0g	0%	1g	4%
Trans Fat	0g		0g	
<b>Cholesterol</b>	0mg	0%	0mg	0%
<b>Sodium</b>	500mg	22%	1350mg	59%
<b>Total Carbohydrate</b>	17g	6%	47g	17%
Dietary Fiber	5g	16%	12g	44%
Total Sugars	9g		24g	
Incl. Added Sugars	3g	5%	7g	14%
<b>Protein</b>	4g		10g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	30mg	2%	90mg	8%
Iron	1.3mg	8%	3.7mg	20%
Potassium	730mg	15%	1970mg	40%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**EACH PURCHASE OF HERBAN FRESH DIRECTLY SUPPORTS URBAN FARMING INITIATIVES**

Visit [HerbanFreshFoods.com](http://HerbanFreshFoods.com) for more info.