



ITEM  
2057

# Charleston She Crab Soup (Retail)

A regional favorite from the South Atlantic Coast, this cream based classic features blue crab meat blended with buttery roe and balanced with sweet sherry.



Soups, Chowders, Chilis

## UPC:

730516020574

## Case GTIN:

10730516020571

## Case:

6 x 18 oz cups | Net Weight: 6.75 lb | Gross Weight: 7.25 lb  
Case Dimensions: 14.25" x 9.25" x 4.1875" | Case Cube: .32

## Pallet:

14 per tier / 10 tiers high | 140 cases per  
pallet. Pallet weight (gross): 1015 lbs

## INGREDIENTS:

HALF & HALF (milk, cream), CRAB STOCK (water, cooked crab meat, salt, butter [pasteurized cream, milk, salt], modified food starch, autolyzed yeast extract, maltodextrin, dextrose, sugar, natural flavoring, onion powder, codfish powder, shrimp powder, guar gum, garlic powder), CRAB MEAT, CANOLA OIL, ONION, CELERY, CRAB ROE, SHERRY (wine, salt), CARROT, CORN STARCH, TOMATO PASTE (tomatoes, citric acid), WHEAT FLOUR, SPICES, CAYENNE PEPPER SAUCE (aged cayenne red peppers, vinegar, water, salt, garlic powder), FISH SAUCE (anchovy, sea salt, salt water [water, sea salt]).

## CONTAINS:

Milk, Shellfish (Crab, Shrimp), Fish (Anchovy, Cod), Wheat. Contains wine which has naturally occurring sulfites.



## Cooking Instructions:

Microwave: Heating times are approximate. Cut open pouch across the top and pour contents into a microwave-safe dish. Loosely cover with paper towel and heat on high for 3 minutes. Stir well, then heat for an additional 1-2 minutes. Stovetop: Place unopened bag in boiling water. Heat for 10-12 minutes, stirring occasionally. Remove pouch, carefully snip off corner and pour into serving dish.



## Handling:

Keep frozen. Thaw under refrigeration



## Shelf Life:

18 months from manufacture date, frozen. Once thawed use within 21 days.

## Nutrition Facts

about 2 servings per container

Serving size

1 cup (245g)

	Per serving	Per container
Calories	340	710
	% DV*	% DV*
Total Fat	24g 31%	51g 65%
Saturated Fat	9g 47%	19g 97%
Trans Fat	0g	0g
Cholesterol	90mg 30%	185mg 62%
Sodium	940mg 41%	1960mg 85%
Total Carbohydrate	14g 5%	29g 11%
Dietary Fiber	1g 2%	1g 4%
Total Sugars	6g	12g
Incl. Added Sugars	0g 0%	<1g 1%
Protein	10g	21g
Vitamin D	0mcg 0%	0.1mcg 0%
Calcium	360mg 30%	750mg 60%
Iron	0.3mg 2%	0.7mg 4%
Potassium	290mg 6%	610mg 15%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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