



# Vegan & Gluten-Free

Sides

UPC:

880632004214

Case:

 $4 \times 4$  lb pouches | Net Weight: 16 lb | Gross Weight: 16.9 lb Case Dimensions: 13.75" x 8.25" x 4.75" | Case Cube: .31

# **INGREDIENTS:**

WATER, ORGANIC STEEL CUT OATS, SEA SALT.



## **Cooking Instructions:**

Heat oatmeal until it reaches a uniform 165°F. Hold product at 145°F or above.



#### Handling:

Keep frozen. Thaw under refrigeration



## **Shelf Life:**

18 months.

#### Pallet:

14 per tier/ 8 tiers high | 112 cases per pallet Pallet weight (gross): 1892.8 lb

| <b>Nutrition</b>            | <b>Facts</b>    |
|-----------------------------|-----------------|
| Serving size                | 4 oz (113g)     |
| Amount per serving Calories | 90              |
|                             | % Daily Value * |
| Total Fat 1.5g              | 2%              |
| Saturated Fat 0g            | 0%              |
| Trans Fat 0g                |                 |
| Cholesterol 0mg             | 0%              |
| Sodium 60mg                 | 3%              |
| Total Carbohydrate 15g      | 6%              |
| Dietary Fiber 2g            | 8%              |
| Total Sugars 0g             |                 |
| Includes 0g Added Sug       | ars 0%          |
| Protein 3g                  |                 |
| Vitamin D 0mcg              | 0%              |
| Calcium 10mg                | 2%              |
| Iron 1mg                    | 6%              |
| Potassium 160mg             | 4%              |

general nutrition advice.

