

**HERBAN  
FRESH**

ITEM  
7164HF24

# Sweet Potato & Kale Chowder (Bulk)

*A hearty, homestyle vegan chowder packed with nutritious kale, sweet potato and corn in a rich stock with coconut cream and spices.*

★ **Vegan & Gluten-Free**

*Soups, Chowders, Chilis*

**UPC:**

880632007314

**Case:**

2 x 8 lbs. Net Weight: 16 lbs/ Gross Weight: 16.9 lbs

Case Dimensions: 13.75" x 8.25" x 4.75"

Case Cube: .31

**(Also available as a 6 x 23.5 oz retail cup)**

**Pallet:**

14 per tier/ 8 tiers high 112 cases per pallet

Pallet weight (gross): 1893 lbs

**INGREDIENTS:**

VEGETABLE STOCK (water, sea salt, onion, maltodextrin, dextrose, yeast extract, carrot, celery seed, white pepper, turmeric), SWEET POTATO, ONION, KALE, CORN, COCONUT CREAM (coconut extract, water, xanthan gum), CELERY, CARROT, RED BELL PEPPER, CORNSTARCH, LEMON JUICE, SEA SALT, GARLIC, OLIVE OIL, ZUCCHINI POWDER, PARSLEY, YEAST EXTRACT, SPICES, BASIL, TURMERIC, THYME, NISIN.

**CONTAINS:**

Tree Nuts (Coconut)



**Cooking Instructions:**

Heat soup until it reaches a uniform 165°F.  
Hold product at 145°F or above.



**Handling:**

Keep refrigerated.



**Shelf Life:**

60 days from date of manufacturer.

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>1 cup (241g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>100</b>
<b>% Daily Value *</b>	
<b>Total Fat</b> 2.5g	<b>3%</b>
Saturated Fat 1.5g	<b>6%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 430mg	<b>19%</b>
<b>Total Carbohydrate</b> 18g	<b>6%</b>
Dietary Fiber 2g	<b>9%</b>
Total Sugars 4g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 2g	
Vitamin D 0mcg	<b>0%</b>
Calcium 50mg	<b>4%</b>
Iron 0.7mg	<b>4%</b>
Potassium 570mg	<b>10%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**EACH PURCHASE OF HERBAN FRESH DIRECTLY  
SUPPORTS URBAN FARMING INITIATIVES**

Visit [HerbanFreshFoods.com](http://HerbanFreshFoods.com) for more info.



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