

HERBAN FRESH
FROM THE CITY

**ITEM
7163HF24**

Tomato Cauliflower Soup

A combination of rich tomato flavor with added tender cauliflower and a hint of spice.



 **Vegan & Gluten-Free**

Soups, Chowders, Chilis

UPC:

880632006386

Case:

6 x 23.5 oz Net Wt: 8.8 lbs / Gross Wt: 10.5 lbs Case
Dimensions: 14" x 5" x 9.5" Case Cube: .38

(Also available as 2 x 8 lb refrigerated bulk food service pouches)

Pallet:

13 per tier/ 7 tiers high 91 cases per pallet
Pallet weight (gross): 955.5 lbs

INGREDIENTS:

TOMATO (tomatoes, salt, citric acid), CAULIFLOWER, VEGETABLE STOCK (water, sea salt, onion, maltodextrin, dextrose, yeast extract, carrot, celery seed, white pepper, turmeric), BROWN SUGAR, ONION, OLIVE OIL, CORN STARCH, GARLIC, SEA SALT, BASIL, TOMATO CONCENTRATE (tomato concentrate, maltodextrin), OREGANO, CRUSHED RED PEPPER, NISIN.



Cooking Instructions:

Microwave: Remove plastic seal, heat between 3-5 minutes, or until hot, stirring once during heating. Stove top: Empty soup into sauce pan, heat gently to 165°F.



Handling:

Keep refrigerated.



Shelf Life:

60 days from date of manufacturer.

Nutrition Facts

about 3 servings per container

Serving size

1 cup (241g)

	Per serving	% DV*	Per container	% DV*
Calories	90		250	
		% DV*		% DV*
Total Fat	2g	2%	5g	6%
Saturated Fat	0g	0%	1g	4%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	490mg	21%	1350mg	59%
Total Carbohydrate	17g	6%	47g	17%
Dietary Fiber	4g	16%	12g	44%
Total Sugars	9g		24g	
Incl. Added Sugars	3g	5%	7g	14%
Protein	4g		10g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	30mg	2%	90mg	8%
Iron	1.4mg	8%	3.8mg	20%
Potassium	710mg	15%	1970mg	40%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 Carbohydrate 4 Protein 4

EACH PURCHASE OF HERBAN FRESH DIRECTLY SUPPORTS URBAN FARMING INITIATIVES

Visit HerbanFreshFoods.com for more info.



PLENUS GROUP INC.

A: Plenus Group Inc. 101 Phoenix Ave., Lowell, MA 01852 T: 978.970.3832 F: 978.441.2528 E: sales@plenus-group.com

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