

HERBAN  
FRESH

ITEM  
7143HF24

# Broccoli Cheddar Soup

*This hearty broccoli soup is made using tender broccoli, aged yellow cheddar cheese and a few spices. Makes the perfect comfort food.*

 Vegetarian

Soups, Chowders, Chilis

**UPC:**

880632005792

**Case:**

6 x 23.5 oz Net Wt: 8.8 lbs / Gross Wt: 10.5 lbs Case  
Dimensions: 14" x 5" x 9.5" Case Cube: .38

**Pallet:**

13 per tier/ 7 tiers high 91 cases per pallet  
Pallet weight (gross): 955.5 lbs

**INGREDIENTS:**

VEGETABLE STOCK (water, sea salt, onion, maltodextrin, dextrose, yeast extract, carrot, celery seed, spice, turmeric), HALF & HALF (cream, milk), BROCCOLI, CHEDDAR CHEESE (pasteurized milk, cheese culture, salt, enzymes, annatto), ONION, CARROT, CORN STARCH, WHITE CHEDDAR CHEESE (pasteurized milk, cheese culture, salt, enzymes, annatto), FLOUR (unbleached wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), CAYENNE PEPPER SAUCE (aged cayenne red peppers, vinegar, water, salt, garlic powder), NATURAL FLAVOR, SEA SALT, SPICES, GARLIC, NISIN.

**CONTAINS:**

Milk, Wheat.



**Cooking Instructions:**

Microwave: Remove plastic seal, heat between 3-5 minutes, or until hot, stirring once during heating. Stove top: Empty soup into sauce pan, heat gently to 165°F.



**Handling:**

Keep refrigerated.



**Shelf Life:**

60 days from date of manufacturer.

## Nutrition Facts

about 3 servings per container

Serving size

1 cup (241g)

	Per serving	% DV*	Per container	% DV*
<b>Calories</b>	<b>230</b>		<b>640</b>	
<b>Total Fat</b>	14g	18%	38g	49%
Saturated Fat	9g	45%	25g	123%
Trans Fat	0g		0.5g	
<b>Cholesterol</b>	55mg	18%	150mg	51%
<b>Sodium</b>	770mg	33%	2120mg	92%
<b>Total Carbohydrate</b>	15g	5%	41g	15%
Dietary Fiber	2g	5%	4g	15%
Total Sugars	4g		10g	
Incl. Added Sugars	0g	0%	0g	0%
<b>Protein</b>	10g		27g	
Vitamin D	0.3mcg	2%	0.9mcg	4%
Calcium	280mg	20%	760mg	60%
Iron	0.5mg	2%	1.4mg	8%
Potassium	250mg	6%	690mg	15%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4



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