

HERBAN FRESH
THE CITY THE COUNTRY

ITEM
7143HF24

Broccoli Cheddar Soup

This hearty broccoli soup is made using tender broccoli, aged yellow cheddar cheese and a few spices. Makes the perfect comfort food.



★ **Vegetarian**

Soups, Chowders, Chilis

UPC:

880632005792

Case:

6 x 23.5 oz Net Wt: 8.8 lbs / Gross Wt: 10.5 lbs Case
Dimensions: 14" x 5" x 9.5" Case Cube: .38

(Also available as 2 x 8 lb refrigerated bulk food service pouches)

Pallet:

13 per tier/ 7 tiers high 91 cases per pallet
Pallet weight (gross): 955.5 lbs

INGREDIENTS:

VEGETABLE STOCK (water, sea salt, onion, maltodextrin, dextrose, yeast extract, carrot, celery seed, spice, turmeric), HALF & HALF (cream, milk), BROCCOLI, CHEDDAR CHEESE (pasteurized milk, cheese culture, salt, enzymes, annatto), ONION, CARROT, CORN STARCH, WHITE CHEDDAR CHEESE (pasteurized milk, cheese culture, salt, enzymes, annatto), FLOUR (unbleached wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), CAYENNE PEPPER SAUCE (aged cayenne red peppers, vinegar, water, salt, garlic powder), NATURAL FLAVOR, SEA SALT, SPICES, GARLIC, NISIN.

CONTAINS:

Milk, Wheat.



Cooking Instructions:

Microwave: Remove plastic seal, heat between 3-5 minutes, or until hot, stirring once during heating. Stove top: Empty soup into sauce pan, heat gently to 165°F.



Handling:

Keep refrigerated.



Shelf Life:

60 days from date of manufacturer.

Nutrition Facts

about 3 servings per container

Serving size

1 cup (241g)

	Per serving	% DV*	Per container	% DV*
Calories	230		640	
Total Fat	14g	18%	38g	49%
Saturated Fat	9g	45%	25g	123%
Trans Fat	0g		0.5g	
Cholesterol	55mg	18%	150mg	51%
Sodium	770mg	33%	2120mg	92%
Total Carbohydrate	15g	5%	41g	15%
Dietary Fiber	2g	5%	4g	15%
Total Sugars	4g		10g	
Incl. Added Sugars	0g	0%	0g	0%
Protein	10g		27g	
Vitamin D	0.3mcg	2%	0.9mcg	4%
Calcium	280mg	20%	760mg	60%
Iron	0.5mg	2%	1.4mg	8%
Potassium	250mg	6%	690mg	15%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

EACH PURCHASE OF HERBAN FRESH DIRECTLY SUPPORTS URBAN FARMING INITIATIVES

Visit HerbanFreshFoods.com for more info.



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