



ITEM
3106

Spinach & Feta Salmon Burger (6oz.)

Made with wild pacific salmon, feta cheese, tender spinach and panko bread crumbs.



Value-Added Seafood

UPC:

806320031065

Case:

24 x 6 oz / Net Weight: 9 lbs / Gross Weight: 9.5 lbs

Dimensions: 16" x 9.25" x 4"

Case Cube: .34

Pallet:

10 per tier / 15 tiers high, 150 cases per pallet. Pallet weight (gross): 1425 lbs

INGREDIENTS:

PACIFIC SALMON, SPINACH MIX (SPINACH, MILK, BUTTER (CREAM, SALT), ONION, PARMESAN CHEESE (PASTEURIZED PART SKIM MILK, CHEESE CULTURES, SALT, ENZYMES, POWDERED CELLULOSE), ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED FOOD STARCH, FRESH GARLIC, SALT, SPICES, CELERY SALT, XANTHAN/GUAR GUM), FETA CHEESE (SHEEP'S MILK), PANKO BREAD CRUMBS (UNBLEACHED WHEAT FLOUR, EVAPORATED CANE JUICE, YEAST, SEA SALT), NATURAL FLAVOR (WHEY, BUTTER OIL, SALT, SUGAR, GUAR GUM), SALT, CARRAGEENAN GUM.

CONTAINS:

Fish, Wheat, and Milk.



Cooking Instructions:

Pan: coat pan with olive oil or non-stick cooking spray. Cook burgers over low-medium heat for 3 to 5 minutes on each side, or until they reach an internal temperature of 165°F. **Grill:** Heat grill to medium. Lightly coat burgers with olive oil. Grill for 3 to 5 minutes on each side or until they reach an internal temperature of 165° F. **Oven:** Preheat oven to 400°F. Cover baking sheet with foil and lightly coat with non-stick cooking spray. Bake burgers for 12-15 minutes or until they reach an internal temperature of 165°F.



Handling:

Keep frozen. Thaw under refrigeration



Shelf Life:

1 year from manufacture date, frozen. Once thawed, product may be kept refrigerated for up to 5 days.

Nutrition Facts

Serving size 6 oz (170g)

Amount per serving

Calories 290

% Daily Value *

Total Fat 13g 16%

Saturated Fat 6g 29%

Trans Fat 0g

Cholesterol 75mg 25%

Sodium 770mg 34%

Total Carbohydrate 15g 5%

Dietary Fiber 1g 4%

Total Sugars 3g

Includes 0g Added Sugars 0%

Protein 28g

Vitamin D 10.3mcg 50%

Calcium 70mg 6%

Iron 2.4mg 15%

Potassium 730mg 15%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



PLENUS GROUP INC.

A: Plenus Group Inc. 101 Phoenix Ave., Lowell, MA 01852 T: 978.970.3832 F: 978.441.2528 E: sales@plenus-group.com

PGIFOODS.COM