



ITEM  
2158

# Ten Vegetable Soup

*A hearty gluten free vegan soup featuring fresh cut vegetables in a delicious broth.*



Vegan & Gluten-Free

Soups, Chowders, Chilis

**UPC:**

880632002920

**Case:**

2 x 8 lb Net Weight: 16 lb Gross Weight: 16.9 lb Case  
Dimensions: 13.75" x 8.25" x 4.75" Case Cube: .31

**Pallet:**

14 per tier/ 8 tiers high 112 cases per  
pallet Pallet weight (gross): 1892.8 lb

**INGREDIENTS:**

VEGETABLE STOCK (water, sea salt, onion, maltodextrin, dextrose, yeast extract, carrot, celery seed, spice, turmeric), TOMATO (tomatoes, tomato juice, salt, calcium chloride, citric acid), POTATO, CARROT, ONION, NAPA CABBAGE, GREEN PEAS, ZUCCHINI, MUSHROOM, LEEK, BROCCOLI, CELERY, CORN STARCH, LEMON JUICE, OLIVE OIL, HERBS, EVAPORATED CANE SUGAR, YEAST EXTRACT (yeast extract, canola oil), GARLIC, SPICES.

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>1 cup (241g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>70</b>
	<b>% Daily Value *</b>
<b>Total Fat</b> 2g	<b>2%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 360mg	<b>16%</b>
<b>Total Carbohydrate</b> 11g	<b>4%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 3g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 2g	
Vitamin D 0mcg	<b>0%</b>
Calcium 50mg	<b>4%</b>
Iron 1.7mg	<b>10%</b>
Potassium 200mg	<b>4%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



**Cooking Instructions:**

Heat soup until it reaches a uniform 165°F.  
Hold product at 145°F or above.



**Handling:**

Keep frozen. Thaw  
under refrigeration



**Shelf Life:**

18 months from  
manufacture date, frozen.  
Once thawed use within  
21 days.



**PLENUS GROUP INC.**

A: Plenus Group Inc. 101 Phoenix Ave., Lowell, MA 01852 T: 978.970.3832 F: 978.441.2528 E: sales@plenus-group.com

**PGIFOODS.COM**