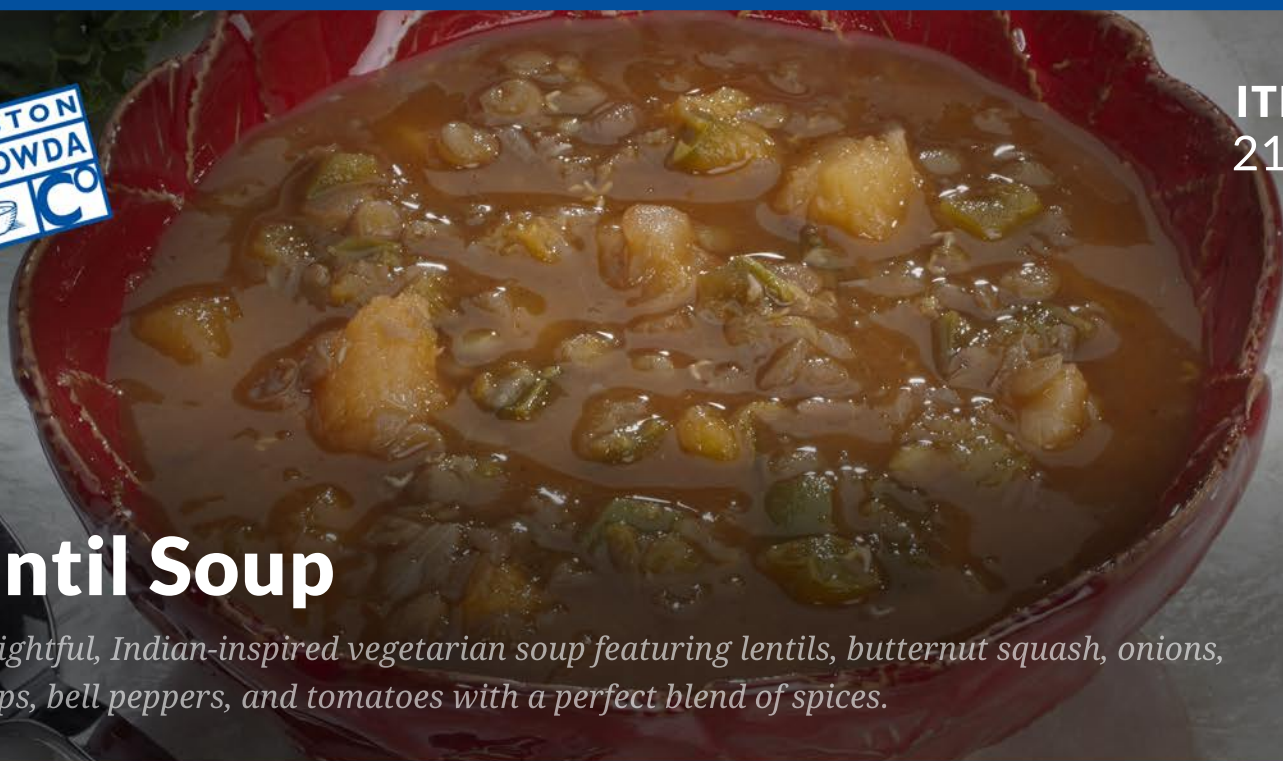




ITEM  
2107



# Lentil Soup

A delightful, Indian-inspired vegetarian soup featuring lentils, butternut squash, onions, turnips, bell peppers, and tomatoes with a perfect blend of spices.

**Vegan & Gluten-Free**

*Soups, Chowders, Chilis*

**UPC:**

880632021075

**Case:**

2 x 8 lb Net Weight: 16 lb Gross Weight: 16.9 lb Case  
Dimensions: 13.75" x 8.25" x 4.75" Case Cube: .31

**Pallet:**

14 per tier/ 8 tiers high 112 cases per  
pallet Pallet weight (gross): 1892.8 lb

**INGREDIENTS:**

VEGETABLE STOCK (water, salt, dextrose, maltodextrin, onion powder, carrot powder, autolyzed yeast extract, spice, natural flavoring, turmeric), LENTIL, ONION, BUTTERNUT SQUASH, TURNIP, GREEN PEPPER, TOMATO PASTE (tomato, salt, citric acid), CANOLA OIL, OLIVE OIL, SALT, CORNSTARCH, GARLIC, CURRY POWDER (spices, garlic, turmeric, salt, bengal gram farina), CHILI POWDER, SPICES, SUGAR, NISIN.

## Nutrition Facts

**Serving size** 1 cup (241g)

**Amount per serving**  
**Calories** 160

**% Daily Value \***

**Total Fat** 1.5g 2%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 340mg 15%

**Total Carbohydrate** 29g 11%

Dietary Fiber 5g 18%

Total Sugars 2g

Includes 0g Added Sugars 0%

**Protein** 10g

Vitamin D 0mcg 0%

Calcium 40mg 2%

Iron 4mg 20%

Potassium 570mg 10%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



**Cooking Instructions:**

Heat soup until it reaches a uniform 165°F.  
Hold product at 145°F or above.



**Handling:**

Keep frozen. Thaw  
under refrigeration



**Shelf Life:**

18 months from  
manufacture date, frozen.  
Once thawed use within  
21 days.



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